

**AMENDMENTS TO THE SPECIFICATION**

Please add the following paragraph after the paragraph ending on page 2, line 16:

--Further scope of the applicability of the present invention will become apparent from the detailed description given hereinafter. However, it should be understood that the detailed description and specific examples, while indicating preferred embodiments of the invention, are given by way of illustration only, since various changes and modifications within the spirit and scope of the invention will become apparent to those skilled in the art from this detailed description.--

Please delete the paragraph beginning on page 2, line 17, in its entirety.

Please add the following paragraph after the heading beginning on page 2, line 20:

--The present invention will become more fully understood from the detailed description given hereinbelow and the accompanying drawings which are given by way of illustration only, and thus are not limitative of the present invention, and wherein:--

Please amend the paragraph beginning on page 4, line 11, as follows:

--Still referring to FIGS. 1 and 2, the spindle 30 is a tubular member that receives a spring 31 for biasing the restraining plate 300. The restraining plate 300 is an integrally formed metal plate including an elongated hole 301, at least one ~~V-shaped~~ groove 302 (two in this embodiment), and at least one engaging piece 303 (two in this embodiment). Further, the spindle 30 is engaged with the return disc 40 to prevent disengagement of the spring 31 and the

restraining plate 300. In this case, the spring 31 is in a compressed state to bias the restraining plate 300, thereby controlling the position of the engaging piece 303, which will be described later.--